

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

4-H In Action



Stafford County 4-H:

- Cloverleaf 4-H Club
- Jolly Workers 4-H Club
- Corn Valley 4-H Club
- Stafford Co. Dog Club
- Stafford Co. Shooting Sports Club

Kansas 4-H and National 4-H has a new marketing campaign—**4-H Grows Here!** The Kansas 4-H State Marketing Team is asking all Extension Offices and 4-H Clubs to use the new logos to promote the new campaign. This new campaign will be used for the next 5 years to promote 4-H on a state and national level. A complete set of logos is provided on the 4-H website. Go to www.kansas4h.org, then go to the top tab called 'Resources', then the drop down menu will have a 'Marketing' tab. Under marketing, you will find the approved logos that are available to copy and paste for your use. Please keep in mind that the colors are also specific, so we are not allowed to change the logo color. Marketing items for 4-H clubs or events containing the new logo are now available for purchase!

In This Issue:

- ◆ New Members
- ◆ County Club Day
- ◆ Camp Opportunity
- ◆ Volunteers
- ◆ ...and more!



4-H GROWS HERE



4-H Day with the Wildcat Women Basketball

The Kansas Association of Extension 4-H Agents is excited to inform you that the 9th Annual 4-H Day with Wildcat Women's Basketball team has been scheduled for Saturday, February 11, 2017, when the Wildcats take on the Iowa State Cyclones. Tip-off will be at 1:00 P.M. For \$20, each individual will receive a ticket to the game, a game day t-shirt, and a \$7 meal voucher to use at the main concession stands.

Online registration for this event will be due **January 17, 2017.**

No paper registrations will be accepted. All orders must be paid with a credit card.

To register, go to: <http://tinyurl.com/2017kae4ha>

Upcoming 2017 Dates:

- January 14**— Southwest Youth Leadership Forum
- February 1**— Kansas 4-H Scholarship Deadline
- February 19-20**— Citizenship in Action, Topeka, Ks.
- February 17**— Registration for County Club Day Due
- February 25**— Beef Weigh In, Seibert's Feedlot
- March 4**— County Club Day (4-H Day),
St. John High School (9:00 - Noonish)
- March 10**— Regional Club Day, Great Bend (5:30– 8:30)
- March 11**— Junior Swine Producer Day, Manhattan, Ks.
- March 25**— Junior Meat Goat Producer Day, Manhattan, Ks.
- April 15**— Sheep, Goats, Swine, & Bucket Calf Tags Due
- May 1**— Market Beef Nominations due
— Horse Identification Papers Due
- May 30-June 2**— Discovery Days, Manhattan, Ks.
- June 7-10**— **4-H Camp**, Rock Springs
- June 15**— Commercial Heifer, Swine, Sheep, Meat Goat Nominations Due
- June 27-30**— Campference, Rock Springs
- July 12-15**— Stafford County Fair, Stafford
- September 8-17**— Kansas State Fair, Hutchinson, Ks.

CITIZENSHIP IN ACTION

Would you like to have more influence in laws and rules that affect your life? Then you'll want to go to Kansas 4-H Citizenship in Action! This two day event sponsored by the State 4-H Youth Leadership Council, will be held Sunday, February 19 through Monday, February 20, 2017 at the State Capitol in Topeka. The cost to attend is \$170.

If you are a Stafford Co. 4-H member, 4-H Council pays 1/3 of your registration cost, so your cost would be \$114.00.

All youth 13 to 19 years old by January 1 of the current year are eligible to attend.

The purpose of the event is for Kansas youth to learn how the state legislative process works and how their voice and participation in decision-making can make a difference in their local communities. The legislative visit will not only familiarize youth with the capitol building, but will also show them how they can affect the legislative process.

To Register, please visit <http://www.cvent.com/events/2017-kansas-4-h-citizenship-in-action/event-summary-524087f553d1440f8a07a731f9321c04.aspx>

Registration closes January 15, 2017.



2017 County Fair Theme: Let The Good Times Grow!

County Fair T-Shirt Design Contest

Its time to get creative! The Design Contest for the 2017 Stafford County Fair T-Shirt Designs will be displayed and voted on at County Club Day on March 4th. The contest has changed a little bit from years past. This year, the Fair Board has decided to provide a theme, and have asked that the 4-Hers design the t-shirt around this theme. The 2017 Stafford County Fair Theme is : **Let the Good Times Grow!**

This theme works really well with our new 4-H campaign, 4-H Grows Here. We grow all sorts of great things with 4-H—crops, animals, leaders, imaginations and people!

Rules for the T-Shirt Design Contest are as follows:

1. No copyrighted material may be used, except for the 4-H Clover
2. The design must incorporate the 4-H Clover, but the design concept does not have to center around 4-H
3. The design should be centered around the 2017 Fair Theme, yet versatile enough to encompass both the Stafford County Fair and Stafford County 4-H.
4. The winning design will be sent to a design department to be refined and put into computer form so the Extension Office and Fair Board can then use the design for multiple advertising purposes. (Newspaper, Booster Ads, Fair Book Cover, etc.)
5. The winner of the T-Shirt design contest will receive a \$15.00 prize and bragging rights!

Important :

All T-Shirt Designs Must be turned into the Extension Office by 5:00 PM on Thursday March 2nd. All t-shirt designs will be checked for copyright infringement and design criteria approval.

Any design brought to the Club Days without approval will not be allowed to compete in the contest.

County Club Day
March 4, 2017
St. John High School

Speaking skillfully before an audience is one of the hallmarks that Kansas 4-H members have been successfully doing for over 100 years. Kansas youth through 4-H have learned the skills necessary to get up before an audience and eloquently speak. 4-H has helped youth learn the skills necessary to clearly organize and present thoughts and ideas through project talks, demonstrations, illustrated talks and public speaking presentations.

If you need any help putting together a demonstration, project talk, reading etc. Please let Glenn or Amy know—we would be happy to help. Remember that the Extension Office has a mirrored demonstration table that you may use - it helps the audience see what you are demonstrating. If you are interested in using this, just let the Extension Office know.

We also have 4-H communication fact sheets here in the office and online at www.stafford.ksu.edu :

- 4-H Presentation Overview
- 4-H Project Talks
- 4-H Demonstrations
- 4-H Illustrated Talks
- 4-H Demonstrated & Illustrated Talks Planning
- 4-H Public Speaking
- Effective Presentation Tips
- Preparing and Using Visual Aids
- Presentation Brainstorming Activity

The County Club Day registration form is due to the Extension Office by Friday, February 17. Leaders will need to turn in a separate form for their model meeting or group activity.

If a 4-H member receives a Top Blue on their talk/demo/music performance etc. they have the opportunity to attend Regional Club Day in Great Bend, Friday, March 10. Families will need to let Glenn or Amy know ASAP if they intend to go on to regionals. If the Top Blue placing chooses not to go on, the alternate top blue will be given the chance.

New Category this year at Club Day:

Applications, Resume, and Interview (ARI for short!)

As 4-H members get older, many of the new opportunities they can apply for in the 4-H program, often have to be interviewed for. Here is a great way to get those skills into tip top shape.

This year at Club Day, we will be offering a new category of competition. **Applications, Resume, and Interview (ARI)** will give teens (13 and older) an opportunity to apply and interview for a “job.” Participants will need to complete the sample application, and create a resume. Then at Club Day, the interview process will be conducted.

There will be a deadline set for a hand written application, and a resume to be handed in. The “job” options that are available to apply for will be announced, and the same judge that has looked at your application and resume will be interviewing you. You will have 10 minutes to complete the interview.

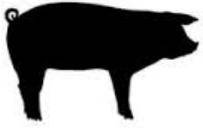
Calling All Camp Counselors!

If you are 15 years or older and would like to experience a true leadership opportunity—you might consider being a camp counselor.

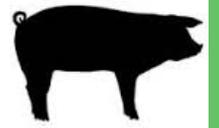
We ask that you contact the Extension Office for an application and then counselors will be selected by the Heart of Kansas counselor committee.

Counselors will leave for camp on June 6th to attend camp counselor training at Rock Springs. Campers will arrive June 7th. More than likely, there will be two camp counselors per group of kids. We call this “two deep leadership” so campers have more supervision and counselors can share responsibilities.

4-H Council pays the entire camp fee for camp counselors. If this is something that interests you—email or call Glenn or Amy.



2017 JUNIOR SWINE PRODUCER DAY



The Kansas State University Youth Livestock Program, K-State Research and Extension, and the K-State Department of Animal Sciences and Industry will host two junior producer days in the spring of 2017. Junior Swine Producer Day will be Saturday, March 11, 2017.

This event will take place in Weber Arena on the Kansas State University campus in Manhattan. The junior day programs are a one-day educational opportunity for youth, parents, 4-H and FFA project leaders, agents, and other adults to increase their knowledge about livestock production and management. All ages are welcome, but all attendees must register.

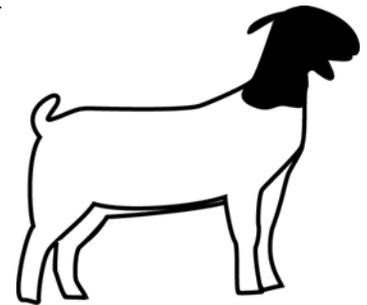
The cost for junior swine producer day is \$15 per person for those who register by the early deadline, and \$20 per person for those who register after the deadline. Early registration for Junior Swine Producer Day is Feb. 22. Registrations received after the early deadline cannot be guaranteed a t-shirt.

2017 Junior Meat Goat Producer Day

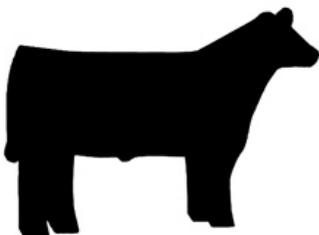
Join us for the 5th biennial Junior Meat Goat Producer Day on March 25, 2017. This event is dedicated to meat goat production, and management practices. This interactive workshop is designed for all ages and skill levels. This year, participants will learn the basics of meat goat production including: selection, nutrition, health, and show ring practice. This event is held at Weber Arena on the Kansas State University campus in Manhattan.

The cost for Junior Meat Goat Producer Day is \$15 per person for those who register by the early deadline, and \$20 per person for those who register after the deadline. Early registration for Junior Meat Goat Producer Day is March 3rd. Registrations received after the early deadline cannot be guaranteed a t-shirt.

Registration is available two ways: 1) download the flyer at <http://bit.ly/ksujrproducerdays>, complete the bottom portion of the flyer and mail it with payment; or 2) complete the online registration at <http://bit.ly/ksuasiregister>.



BEEF WEIGH IN



Market beef weigh-in is set for Saturday, February 25, 2017, at Gary and Nina Seibert's feedlot from 8:30 a.m. to 10:00 a.m.

If, for some reason, this date does not work for you please call Glenn at the Extension Office ***before*** February 25, 2017. The Extension Office phone number is 620-549-3502; day of the tagging, please call Glenn's cell phone: 620-886-0032. No animals will be tagged after this date without prior arrangements.

Camp Opportunities

There are several camp opportunities available to 4-H members coming up through the summer. **Stafford County 4-H Council pays 1/3 of all camp/trip registration fees for 4-H members!** Please keep this in mind when planning out your summer camping preferences – it really does make a difference.

4-H Camp:

The well-known and fondly remembered camp experience, is an annual event for 4-H members age 7 through 8th Grade. Each summer, Stafford County and 17 other counties combine together to form the Heart of Kansas camp group that will camp together at Rock Springs 4-H Center. **This year Stafford Co. kids will be attending camp June 7-10, 2017.**

There are several changes for this next year, but the essential camp experience will stay the same. In past years, campers were split into Elementary & Jr. High age groups. This year, a tier system has been implemented and will split campers into three age groups. This will allow older campers to participate in more advanced activities. For example: all campers will participate in archery. The youngest age group will experience traditional camp archery; the middle age group will get to experience 3D targets and the oldest age group will have aerial targets better known as FluFlu Archery. All campers will have the opportunity to participate in horses, canoes and swimming. The last night of camp includes a talent show, movie and a dance.

Along with age changes, The Prairie Learning Center has been completely re-designed. The Leadership Adventure Course will have a climbing tower for older campers. Robotics has been added and this will range from introductory robotics to drones for the older campers.

The camp t-shirt, cost of rifles, trap shooting and crafts will be all inclusive with the camp price this year. The only extra spending cash campers will need this year will be for snacks and souvenirs.

The cost to attend camp is \$175. With the Stafford Co. 4-H Council discount, camp cost this year will be \$117.00. Registration forms will be sent out soon and will be due back to the Extension Office by Monday, May 1.

If 4-H members age 15 and up are interested in being a camp counselor, counselor fees of \$220.00 are completely paid for by Stafford County 4-H Council. Camp Counselor applications are now available in the Extension Office and are due Monday, May 1 to the Extension Office.

Campference:

If 4-H members are between the ages of 12 – 14, Campference might just be their thing. It combines the camp experience with a leadership conference. Attendees have a little more freedom and do a lot of team building/ leadership activities that they can bring back to their 4-H Club. Campference counselors are members of the State 4-H Council. **Campference will take place this year June 27–30.** Cost for this event will be announced at a later date.

Discovery Days:

Discovery Days is a “Mini-College” experience and it takes place on campus at Kansas State University. Classes and tours are offered on a wide variety of subjects. You can also share your talents in the Talent Show. Are you ready to dance? Are you ready for some Call Hall ice cream? Are you ready for some great speakers and Discovery Days Night Live and all the other possibilities in your future? If so, then Discovery Days is for you! Participants must be between the ages of 13-18 and will get to choose classes in which they would like to participate. Participants will stay in the dorms and eat at Derby Dining Hall on campus – just as if they were in college. In the past, cost to attend is normally around \$200 plus class fees (usually \$5- \$10, if any). The fee for 2017 has not been set. Stafford County 4-H Council will offer the normal 1/3 discount for those attending!





Casting for Season 2 of "Kids BBQ Championship"

Love to BBQ? This Reality Show Could be for You!

Jennifer Sternberg, Senior Casting Associate, for Kids BBQ Championship is currently casting kid cooks for this reality show. She is seeking talented grill masters from around the country, for a chance to win a grand prize. She is seeking, "Young cooking masterminds who can handle the heat and smoke the competition!"

For more information and how to apply, please visit www.JSCasting.com Any questions can be emailed to BBQKidsCasting@gmail.com Contact information for Jennifer follows below.

Jennifer Sternberg
Senior Casting Associate
Kids BBQ Championship— Season 2
212-359-9463 jsternberg@jscasting.com



National Festival of Breads

Does your special bread recipe have what it takes? The National Festival of Breads is accepting entries for the 2017 National Festival of Breads. Youth ages 8 to 17 may enter a Quick bread, or Yeast bread.

Adults age 18 and up may enter any of the Yeast bread categories: Time Saving and Simple, Holiday Breads, Rolls and Whole Grain. To enter your recipe please visit www.NationalFestivalofBreads.com.

The Overall Youth Winner receives \$500. A complete list of rules and prizes can be found at <http://nationalfestivalofbreads.com/>.

The entry deadline for the National Festival of Breads is January 16, 2017.

2017 Tractor Safety Training Course

The Hazardous Occupation Training, more commonly known as the "Tractor Safety" course, will be offered again this year for youth who intend to operate farm machinery. If you are 14 or 15 and plan on driving a tractor this summer for someone other than your parents, you **MUST** take this course in order to protect the farmer you will be working for. If you took the course last year and received a certificate, this certificate is still valid and you need not repeat the course. If your 14th birthday is during 2017, you can take the course but you will not receive your certificate until you turn 14.

This year's training will be held at the Pratt County Fairgrounds, on May 6, 2017, from 7:30 AM to 6:00 PM. Cost for the course is \$20.00 for those in sponsoring counties and \$30.00 for those outside of sponsoring counties. If a Stafford County Resident, [The Stafford County Farm Bureau](#) will pay the \$20.00 Registration Fee. On Saturday, lunch will be served onsite and the cost is included in your registration fee. Pre-registration is required. Because we are limited on the number of available participants, you must fill out the registration form, participation form, and pay the non-refundable registration fee prior to April 21, 2017. Enrollment will be done on a first come, first serve basis. Each county will be limited to ten participants so get your forms turned in early.

An enrollment packet can be obtained by contacting the Stafford Extension Office in the Courthouse Annex, 210 E. 3rd, St. John, or call (620-549-3502). Deadline for enrollment is 5PM on April 21st.



Welcome NEW 4-H Members!



Jolly Workers 4-H Club: Corn Valley 4-H

Kaden Foote
Wyatt Mawhirter
Wyatt Reed

Jaylee Jackson

Next 4-H Council Meeting!!

Date:
Monday, Feb. 20

Time:
7:00 pm

Where:
Stafford Co.
Extension Office

Volunteering with Stafford County 4-H

One principle of positive youth development in the 4-H program is the benefit of a positive, sustained relationship of a young person with a caring adult, the Project Leader. Through this relationship, youth gain the confidence, connections, and caring they need to achieve their potential. In order to serve as a volunteer, all potential volunteers who have direct, on-going contact with youth must be screened through the Kansas 4-H volunteer screening process, formerly called VIP.

As the largest youth development organization in Kansas and across the nation, 4-H must lead by conducting the most effective strategies and practices in volunteer screening and selection. All youth deserve a safe and caring environment, and all parents and guardians should expect that when their children are entrusted to the 4-H program, each child will be in a safe setting with caring adults. The Volunteer Screening process involves an application, reference check, interview, background check, an orientation, and approval by our local Stafford County Extension Council Executive Board.

4-H Volunteer screening must be completed by:

- any individual who works in close, ongoing interaction with youth, or
- any adult with authority to independently plan and conduct 4-H educational experiences for youth with other adults present or in a public setting.

Volunteers who do not fit into one of the above criteria would be considered *episodic* and do not need to complete the screening.

In the next week we will be sending out the Renewal forms for those who have already completed this process. It is important you return these as soon as possible to keep you active in our leader database and to keep you insured on the extension liability insurance policy. For

Those of you who would like to become a project leader, contact the Stafford County Extension office, and with will get you started in the Volunteer Screening Process. The Stafford County 4-H Program will be charged around \$25.00 for the Background Checks for all new leaders and our existing leaders on a three year rotation.

Volunteers!



Be a Junior Leader!

For 4-H members who are 14 or over, you might want to consider volunteering to be a junior leader in a particular project.

Duties vary but might include:

- Helping younger 4-H members with their project.
- Working with a project leader to plan and organize project meetings.
- Working as a Jr. Superintendent at the County Fair.
- Working on ways to educate the public about your project.

If this is something that might interest you, give Glenn or Amy a call (or email) at the Extension Office. All youth applicants must be screened through the Kansas 4-H Volunteer Screening Process.

Record Book & K.A.P. “Conferences”

Record books and K.A.P.'s from 2016 are in our office and ready to be returned to each 4-H family. Instead of having yet another evening meeting and taking away from family time to discuss record books and any questions you might have, we would like for each family to set up a time that is convenient for you to have a quick conference to go over the record books and or K.A.P.'s. This way, each family has the same instructions and everyone is on the same playing field going into the new 4-H year.

Now is the time to begin working with your 4-H member on setting goals for the year. Asking them what they want to learn is a great place to start! From there, families can begin to chart a path for each project.

Please email Amy at acollins@ksu.edu or give her a call to set up an appointment time to review record books. It can be during the day or evening—what ever works for you!

County Fair Booster Ad Rollout

Be on the lookout for Booster Ad packets to arrive in the mail. Each 4-H family will receive a packet in February.

We ask that 4-H members DO NOT sell Booster Ads until they receive their packets. Please read through them thoroughly as there are some small changes being made. We are currently working on these and the packet will contain all the information you will need.

For new families: Booster Ads are sold each year as a fund raiser for the Fair Board. Booster Ads are technically advertising space in the fair book. There are several sizes and prices that businesses can purchase. Individual and family ads are also sold at a lower price point.

4-H members will receive 10% of each booster ad they sell—we've had 4-H members earn several hundred dollars in the past! The money earned through booster ad sales also goes to pay ribbon premiums at the county fair, judges fees, and other fair related expenses.

Important note: We encourage all 4-H Families to sell booster ads *where you do business!* Because we have lost several local businesses in Stafford County the past couple of years, most of us have to shop in Pratt, Great Bend or Hutchinson. Because of this, we are supporting their business, our hope is that they would like to help support Stafford County Fair and 4-H too! When selling booster ads, please consider asking out of town businesses to purchase an ad for the fair book.





Office Professional:
Amanda Staub
ajstaub@ksu.edu

Extension Agent:
Amy Collins
acollins@ksu.edu

Extension Agent:
Glenn Newdigger
gnewdigg@ksu.edu

**Stafford County
Extension Office
210 E. 3rd
P.O. Box 398
St. John, Ks. 67576**

**Phone: 620-549-3502
www.stafford.ksu.ed**

As we kick off the new year, there are a few things to be watching for. All member packets are completed and will be handed out at your next 4-H meeting. These member packets contain:

- A copy of your enrollment card** (the deadline to add or drop a project is May 1)
- A Stafford Co. 4-H Family Handbook** – (general overview of 4-H program)
- Current year pin application** – please use this to plan your 4-H year.
- Record book forms** – personal page, permanent record & sample
- Kansas Award Portfolio** – (KAP) Generic record sheets for ages 7-13
Award application for ages 14 & up

We encourage all new 4-H parents to attend one of the New Parent Meetings we have scheduled. This will give you a much better idea of what to expect this first year!

The first big 4-H event we have coming up on March 4 is County 4-H Day/County Club Day (we call it both, depending on what it was called when you were in the 4-H program!!) This is a great way for 4-H members to practice speaking or performing in front of others. (see attachments for enrollment form and time allotted sheet).

First year members can participate in a short "Show n Tell". If parents/4-H members need ideas on how/what/why to put together a talk or demonstration for Club Day – give the Extension Office a call. We have many examples on hand to look at. Keep in mind, kids can do Team Demonstrations which are always a lot of fun – it seems to make it easier to get up in front of others if there are two of you! Piano solos, instrumental solos, reading a passage from a book or dance routines are examples of types of performances 4-H members can sign up for.

Let us know if you have any questions!

Amy Collins
Extension Agent
Stafford Co.
acollins@ksu.edu

Glenn Newdigger
Extension Agent
Stafford Co.
gnewdigg@ksu.edu

4-H members should set S.M.A.R.T. Goals for each 4-H Project!

Good goal setting starts with the understanding of what a good goal is.

Write your SMART goals down now and work on them through the 4-H year.

S - Specific– An exact statement of what is to be done.

M– **Measureable** A score, result, ability or skill

A - Achievable Something that can be done, not necessarily easily

R– **Realistic** Consider your current ability honestly

T - Timely Set a date that allows realistic time to achieve the goal.